

OAK PARK HIGH SCHOOL  
ATHLETIC DEPARTMENT

IMPORTANT PROCEDURES TO REMEMBER

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| Eligibility /Grades         | On your June report card you must have at least a 2.0 GPA and no “F’s” and be carrying 20 credits in order to be eligible to participate in athletics.   |  |
| Summer Conditioning Classes | All Summer Conditioning classes are being run through OPHS. Registration materials will be sent to incoming freshman that complete interest surveys in 8 <sup>th</sup> grade PE classes. Continuing OPHS students will receive materials from coaches at meetings held in May. |  |
| Sports Offered              | Oak Park High School is in the Coastal Canyon Athletic Assoc. (Simi, Royal, Moorpark and Camarillo). In football we are in a league with Agoura, Simi and Calabasas.   |  |
| <u>Fall</u>                 | <b><u>Girls</u></b><br>volleyball<br>cross country<br>tennis<br>sideline cheer (year long)<br>traditional competitive cheer (year long)<br>dance (year long)<br>golf   | <b><u>Boys</u></b><br>football<br>cross country<br><br>sideline cheer (year long)<br>traditional competitive cheer (year long) |
| <u>Winter</u>               | basketball<br>soccer   | basketball<br>soccer   |
| <u>Spring</u>               | softball<br>track & field<br>lacrosse<br>competitive sport cheer   | baseball<br>track & field<br>tennis<br>volleyball<br>lacrosse<br>golf  |

TRY OUT FOR MANY SPORTS – GET INVOLVED

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| <u>Mandatory</u> Parent/Player Meetings | Most sports have information meetings regarding policies in each program. Individual coaches will contact students.   |
| Physical Clearance/Insurance            | Each athlete must have a completed blue emergency card and physical/insurance form with OPHS Athletic Office in order to participate.<br>You may get a physical from a private doctor or from the school’s team doctor. (Scheduled with OPHS) An annual physical exam is required by CIF rules. Physicals with our team doctor will cover athletes for all sports through the upcoming school year. These are sports physicals and not to replace your annual physical with your primary doctor. Forms are available on-line at the OPHS website. |

## Summer Practices

Many sports conduct practices and summer leagues during summer vacation. Coaches will get in touch with you regarding schedules. If you do not hear from the coach – CHECK THE OPHS WEBSITE OR YOU CONTACT THE COACH.

### **NO STUDENT WILL BE ALLOWED TO TRY-OUT OR PRACTICE WITHOUT A COMPLETED PHYSICAL FORM AND EMERGENCY CARD**

For Final Clearance, athletes will need to bring the following items listed below. Please download and bring signed forms with you to Final Clearance. Separate checks are not necessary for ASB and transportation fees. However, please make separate checks for each student/sibling. Payment schedules available. *Please note no student will be denied access due to willingness or ability to pay.*

- 1) Student ID card
- 2) Completion form after registering on [www.ahleticclearance.com](http://www.ahleticclearance.com) Needs parent and athlete signature
- 3) Transportation Fee – Due to increased transportation costs, our transportation donation fee is \$200/1<sup>st</sup> sport, \$180/2<sup>nd</sup> sport, and \$160/3<sup>rd</sup> sport. Check made payable to OPHS and paid at the beginning of each season. If you have any questions, please call the Athletic Office 735-3303 or 735-3301
- 4) ASB Fee – Check made payable to OPHS (check summer mailing packet for fee)
- 5) Booster Club donation
- 6) Academic Eligibility will be checked prior to Final Clearance